



WORLD CHAMPION BOATBUILDER FOR OVER 40 YEARS

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STARTING BASICS FOR GREEN FLEET

GOOD THINGS TO KNOW

- **The Course**
- **Wind Direction**
- **Find the starting line and marks**
- **Do you have to check in at the committee boat?**
- **What your starting strategy will be?**

BEFORE THE START MOST IMPORTANT

- **STAY NEAR THE STARTING LINE: Poor starts happen because you get too far away, miss the warning signal and are late getting to the line.**

STARTING

- **10 MINUTES: Where is the up wind mark? What is the course? Where on the line you want to start. What the wind is doing.**
- **5 MINUTES: Started your watch or get ready to catch the 4-minute gun.**
- **4 MINUTES: Move to the place you want to be on the line and as close to the line as you feel comfortable with.**
- **2:30 to 1:00 FIND YOUR HOLE. A place where there are not to many boats**
- **1 MINUTE Be 5 to 8 feet below the line defending your hole**
- **10 SECONDS TO GO: You should be about 5 feet below the line, pulling your main sheet in all the way, pointed at the location of the pin.**
- **3 SECONDS TO GO: You should head up to close-hauled and be moving at your fastest speed.**